

Cosmic Kids!- Yoga for kids 3+

https://www.youtube.com/channel/UC5uIZ2KOZZeQDQo_Gsi_qbQ?sub_confirmation=1

Teaching Yoga to Preschoolers: What Works Best?

<http://www.yogacalm.org/teaching-yoga-to-preschoolers-what-works-best/>

Introducing Children to Yoga through Storytelling

<http://playfullearning.net/2012/08/introducing-children-to-yoga-through-storytelling/>

CDC Making Health Easier: Healthy Changes Start in Preschool

<https://youtu.be/JhoTY0FrG3c>

IMIL Songs and lyrics

<http://www.choosykids.com/index.php?p=music>

Where to buy CDs: <http://www.hatchearlylearning.com/store/im-moving-im-learning-music-cd.html>

IMIL FREE: Activities, recipes, coloring pages, Dot to dot activities, holiday activities, posters

<http://www.choosykids.com/index.php?p=dlc>

Choosy Cha Cha

<https://youtu.be/yokadh2PpY?list=PLi9qO-ilfZbdMONiL4bXxF8p5IZJtvMSt>

Stir the Soup

<https://youtu.be/SDz1yFAGO6c?list=PLNbV3F1qZTr6-KQhpgbW6m-K1LRpeUNWy>

Move with Choosy! My Heart Says Thanks!

<https://youtu.be/bMwoHMw-j3s?list=PLi9qO-ilfZbdMONiL4bXxF8p5IZJtvMSt>

Crave My F.A.V. with Choosy

<https://youtu.be/bMwoHMw-j3s?list=PLi9qO-ilfZbdMONiL4bXxF8p5IZJtvMSt>

IMIL- Train the trainer

<https://youtu.be/ISyhqyMLdjw>

<https://youtu.be/C6EDiuPTtvE>